

# **Holy Family High School Ex Students' Association**

## **Project: Nutrition Programme**



**EX-STUDENTS' ASSOCIATION  
HOLY FAMILY HIGH SCHOOL**

A Jesuit Institution

# Who are we?

- We are the Holy Family High School Ex Students Association
- This Association was set up 13 years ago – we are approaching our 14<sup>th</sup> year
- This Association is  
.....Of the School  
.....For the School  
....and By the School



# What do we do?

- The Ex Students Association meets every month on the third Sunday at 11 a.m. in the School Library
- We conduct a number of programmes – all on the School's premises
- Some of the programmes we conduct are
  - Inter School Activities
  - Vocational Guidance for 9<sup>th</sup> std students
  - Annual Reunion for all ex Students
  - Nutrition Programme



# Programmes we conduct.....(contd.)

- **Vocational Guidance**

The Ex Students Association conducts a Vocational Guidance Session for the students of the 9<sup>th</sup> standard each year.

A qualified Counsellor is engaged to brief Students and their Parents about the various courses and opportunities available to Students on completion of their 10<sup>th</sup> standard examinations.



# Programmes we conduct.....(contd.)

- **Vocational Guidance**

The Counsellor also administers a written test and provides one-to-one Counselling to the Students

Over 3500 students have taken advantage of this Vocational Guidance course and the Association is proud to have played its part in assisting the students.



# Programmes we conduct.....(contd.)

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# Programmes we conduct.....(contd.)

- **Vocational Guidance**

The students of the Marathi Section of Holy Family High School have benefitted greatly from this initiative –



# Programmes we conduct.....(contd.)

- **Vocational Guidance**

The students of the Marathi Section of Holy Family High School have benefitted greatly from this initiative – moreover, the Association also subsidises their charges – also the Counsellor offers a reduction in the charges for the Marathi Section students





# Programmes we conduct.....(contd.)

- **Nutrition Programme**

This is our pet project and the shining star amongst all our projects.

We provide breakfast to needy students each day during the school academic year. Till date we have fed over 60000 mouths ..amazing isn't it?

## How do we manage this?



# Programmes we conduct.....(contd.)

- **Nutrition Programme**

How do we manage this?

We believe the Lord provides in His own fashion..

We have no funds...

....all this has been possible only because of generous parents of our school children who have unhesitatingly supported us with donations.....



# Programmes we conduct.....(contd.)

- **Nutrition Programme**
- ....generous ex students who have sourced donations from their friends and who themselves have donated ...
- ....generous ex-teachers of Holy Family High School...



# Programmes we conduct.....(contd.)

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# Programmes we conduct.....(contd.)

- **Nutrition Programme**
- It costs us Rs. 8/- to feed a child  
We have around 35 children each year



# Programmes we conduct.....(contd.)

- **Nutrition Programme**  
How do we manage this?

There are about 22 working days every school month  
There are about 8 months during which this programme is run



# Programmes we conduct.....(contd.)

- **Nutrition Programme**

How do we manage this?

- And we have been doing this continuously for the last 13 years..

Therefore...

$$8 \times 35 \times 22 \times 8 \times 13 = 6, 40, 640$$



# Programmes we conduct.....(contd.)

- **Nutrition Programme**

How do we manage this?

yes - Six Lakhs Forty Thousand, Four Hundred and Forty rupees..

